

## Ingrediënten

What you need:

- 1/4 cup chopped crab meat
- 2 oz cream cheese
- 2 tbsp diced green onions
- 3 low carb tortillas, small
- 2 tbsp butter, melted



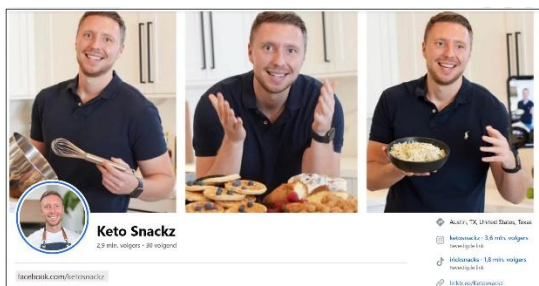
## Recept

How to make them:

1. Mix your cream cheese, crab meat & green onions. Spread on your tortillas.
2. Roll tightly, brush with butter and air fry @ 400F for 6-10 mins. Take them out, serve with sugar free sweet chili sauce and enjoy!

Pro tip: You can pan fry these in oil for extra crispiness 🔥

## Bron



<https://www.facebook.com/reel/1363947645594555>

Info Martine Lycke

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Volkorenwrap met  
Light verse kaas Albert Heijn België,  
1 pakje Surimi Lidl Belgium  
en lookkruiden (lookgranulaat, zout en peterselie)

Airfryer 180°C

En wat chili olie, Action, goe straf 😊

Fotos

