Cake

Ingrediënten



Ultimate One-Bowl Chocolate Dessert

Recipe by Donna Hay from Donna Hay - Fast, Fresh, Simple



Serves 10

Ingredients

125g butter, chopped

375g dark chocolate, coarsely chopped

- 1 cup (175g) brown sugar
- □ ¼ cup (35g) plain (all-purpose) flour, sifted

2 tablespoons milk

- 1 cup (120g) almond meal (ground almonds)
- 🗆 5 eggs

Cocoa, for dusting

Bron



http://www.lifestylefood.com.au/recipes/15167/ultimate-onebowlchocolate-dessert-cake Recept gezien op Njam

Recept

Method

1	Preheat oven to 170°C (325°F).
2	Place the butter and chocolate in a bowl and either microwave in short bursts until melted or melt in a heatproof bowl over a saucepan of simmering water.
3	Add the sugar, flour, milk and almond meal and mix to combine.
4	Add the eggs and mix well.
5	Pour mixture into a greased 22cm round springform tin lined with non-stick baking paper.
6	Cover the tin with aluminium foil and bake for 40 minutes.
7	Uncover and cool in the tin.
8	Dust with cocoa and serve with cream and berries.

Notes

The desired consistency of this cake is very fudgy. It is recommended to use a chocolate with 40% - 60% cocoa solids and to leave in the fridge until cold, as this is a dessert cake that needs to "set".

Info 26/02/2013 - Martine Lycke

Springvorm 22cm (Blokker) – onderkant en randen met bakpapier Smelten boter en chocolade : 2 minuten microgolf

Test met : 1 uur in oven, iets te veel volgende met 50/55 minuten

29/04/2014

Groene silicone vorm Libelle, 35 minuten onafgedekt

Forums

Keza07 May 2011

I cooked this over the weekend for Mother's Day as well. Cookde mine for 40 minutes exactly and it was cooked all the way through with no problems. I did mine in a 26cm quiche pan instead of a cake pan. Served it with raspberry sauce, choc-coated raspberries and whipped cream. It was delicious. In between a choc mud cake and brownie, not as light as a choc cake.

lynda veale June 2011

After reading all the reviews I was a bit scared to cook the cake.... but as I had all the ingredients and I was making it for my husbands birthday I made it..... I cooked it for 1 hour and I used just dark cooking chocolate.... It turned out beatifully... will make it again...

Fotos

